Blessed is the Man

(PSALMS 1-3)

Brief Version

Adapted from Hieromonk Gregory of Simonos Petras Monastery

Duration: 6:30
Intonation: #14

Presto 180

Plagal First Mode

Bless-ed is the man that hath not walked in the coun-sel of the un-god-ly, nor stood in the way of sin-
ners, nor sat in the seat of the pes-ti-lent.

Al-le-lu-i-a.

www.stanthonymsmonastery.org/music/Vespers.htm
But his will is rather in the law of the Lord, and in His law will he meditate day and night. Alleluia.

And he shall be like the tree which is planted by the streams of the waters. Alleluia.

Which shall bring forth its fruit in its season; and its leaf shall not fall, and all things whatsoever he may do shall prosper. Alleluia.
Not so are the ungodly, not so; but rather they are like the chaff which the wind doth hurl away from the face of the earth. Alleluia.

For this reason shall the ungodly not stand up in judgment, nor sinners in the council of the righteous. Alleluia.

For the Lord knoweth the way of the righteous, and the way of the ungodly shall perish. Alleluia.
Why have the heathen raged, and the peoples meditated empty things? Alleluia.

The kings of the earth were aroused, and the rulers were assembled together, against the Lord, and against His Christ. Alleluia.

Let us break their bonds asunder, and let us cast away their yoke from us. Alleluia.
He that dwell-eth in the heav-ens shall laugh them to scorn,

and the Lord shall de-ride them. Al-le-lu-

Then shall He speak un-to them in His wrath, and

in His an-ger shall He trou-ble them. Al-le-lu-

But as for Me, I was es-tab-lished as king by Him,

up-on Si-on, His ho-ly moun-tain, pro-claim-ing
the commandment of the Lord. Alleluia.

The Lord said unto Me: Thou art My Son, this day have I begetten Thee. Alleluia.

Ask of Me, and I will give Thee the nations for Thine inheritance, and the uttermost parts of the earth for Thy possession. Alleluia.

Thou shalt herd them with a rod of iron; Thou shalt shatter...
them like a potter's vessels. Alleluia.

And now, O ye kings, understand; be instructed, all ye that judge the earth. Alleluia.

Serve ye the Lord with fear, and rejoice in Him with trembling. Alleluia.

Lay hold of instruction, lest at any time the
Lord be angry, and ye perish from the righteous way.

Alleluia.

When quickly His wrath be kindled, blessed are all that have, put their trust in Him. Alleluia.

O Lord, why are they multiplied that afflict me? Many rise up against me. Alleluia.
Many say unto my soul: There is no salvation for him in his God. Alleluia.

But Thou, O Lord, art my helper, my glory, and the lifter up of my head. Alleluia.

I cried unto the Lord with my voice, and He heard me out of His holy mountain. Alleluia.
I laid me down and slept; I awoke, for the Lord will help me. Alleluia.

I will not be afraid of ten thousands of people that set themselves against me round about. Alleluia.

Arise, O Lord, save me, O my God, for Thou hast smitten all who without cause are mine enemies; the teeth of sinners hast Thou broken. Alleluia.

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Salvation is of the Lord, and Thy blessing is upon Thy people._ Alleluia.

Glory to the Father, and to the Son, and to the Holy Spirit.

Both now and ever, and unto the ages of ages. Amen.
Glo - ry to Thee, O God.


Glo - ry to Thee O God, our hope O Lord,

glo - ry to Thee.